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ASPRAKIS & DANTI'S *Recipe* Corner
STUFFED CABBAGE ROLLS



WELCOMING NEW PATIENTS!

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STUFFED CABBAGE ROLLS

INGREDIENTS

2/3 cup water
1/3 cup uncooked white rice
8 cabbage leaves
1 pound lean ground beef
1/4 cup chopped onion
1 egg, slightly beaten
1 (10.5 ounce) can
condensed tomato soup, divided
1 teaspoon salt
1/4 teaspoon
ground black pepper

DIRECTIONS

Bring water and rice to a boil in a saucepan. Reduce heat to low, cover, and simmer until rice is tender and liquid has been absorbed, about 20 minutes.

Bring a large, wide saucepan of lightly salted water to a boil. Add cabbage leaves and cook for 2 to 4 minutes or until softened; drain.

Combine ground beef, 1 cup cooked rice, onion, egg, 2 tablespoons of tomato soup, salt, and pepper in large bowl; mix thoroughly.

Spoon about 2 tablespoons of beef mixture onto each cabbage leaf; bring one end of the cabbage leaf over the mixture, rolling and tucking in the ends to prevent the filling from falling out.

Place cabbage rolls in a large skillet over medium heat; pour remaining tomato soup on top. Cover and bring to a boil; reduce heat to low and simmer for about 40 minutes, stirring and basting with the liquid often.



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New Patients Welcome
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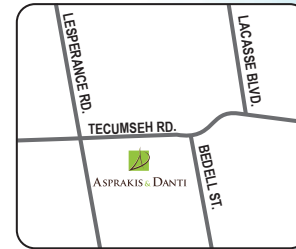
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